

## YOUTH RED CROSS, MAHARSHI DAYANAND UNIVERSITY ROHTAK

### 1. Meeting of University Youth Red Cross Committee M.D. University Rohtak on 17.08.2019

A meeting of Youth Red Cross Committee M.D. University Rohtak was held on 17.08.2019 under the Chairmanship of Professor Rajbir Singh, Vice-Chancellor-cum-Chairman, University Youth Red Cross, M.D.U Rohtak in the conference hall of Vice-Chancellor's office, Professor Randeep Rana, Programme Co-ordinator, Youth Red Cross, MDU, Rohtak welcomed the Chairman and other members. The Programme Co-ordinator read out brief progress report of activities for the year 2018-19, which was appreciated by the House, in addition to this income and expenditure for the year 2018-19. Tentative Budget, Activity Calendar for year 2019-20 and other resolutions were passed in the meeting. Meeting was attended by members including District Convenors and Secretaries of District Red Cross Societies.



### 2. Cycle Rally Organised on 28.08.2019

To promote Swachhta Awareness, a Cycle Rally was organised on 28.08.2019. The Rally was flagged off by Professor Rajbir Singh, Vice-Chancellor, MDU Rohtak at 09:00 a.m. from Gate no. 02 of M.D University Rohtak. About 250 teachers YRC volunteers participated in the said Rally







**3. Organised a Blood Donation Camp on 18.09.2019 at Department of Mathematics MDU Rohtak**  
A Blood donation camp was organised by Youth Red Cross MDU Rohtak at the Department of Mathematics on 18.09.2019 at Mathematics Department, camp was inaugurated by Professor Rajbir Singh, Vice-Chancellor, MDU Rohtak. Professor Rajeev Kumar, HoD and his staff welcomed the Chief Guest. Professor Rajbir Singh honoured the Blood donors with Blood donor badges. He stated that Blood donation is a noble cause, therefore, every fit student and staff member should donate their Blood twice in a year. 85 students and staff members donated their Blood in this camp. To make this camp success efforts of Ekta Narwal, YRC Counsellor were appreciable. Professor Renu Chug, Professor J.S Nandal, Professor J.S Sikka, Professor Randeep Rana (YRC Co-ordinator), Professor Harish Kumar, Professor J.P Yadav, Professor Daleep Singh and all staff members of Mathematics department were present on the said occasion. This was a very successful camp.





4. Eye Donation Pledge was taken by students on 18.09.2019. 113 Students took a pledge to donate their eyes in Eye donation Pledge camp held at MDU, Rohtak on 18.09.2019



**5. Organised World Peace Day on 21<sup>st</sup> September 2019**

Youth Red Cross volunteers took out an awareness rally to commemorate World Peace Day at Maharshi Dayanand University (MDU) on this occasion. Program Coordinator of MDU Youth Red Cross Professor Randeep Rana called YRC volunteers as vigilant sentinels of social awareness and appealed to them to contribute to the development of society and nation. Prof. Randeep Rana called upon volunteers to spread meaningful messages about world peace as well as cleanliness, health, water conservation and not using polythene in the society. Prof. Rana said that today along with cleanliness and health, saving water and freeing the earth from polythene has also become very important. He said that in this way, YRC volunteers can play an important role and contribute to the well-being of society and nation. This awareness rally was flagged off by MDU's non-teaching worker Mr. Kuldeep Bhatti. Through this awareness rally, YRC volunteers gave a meaningful message about cleanliness, health, water conservation, and non-use of polythene along with world peace through various departments in the MDU campus. YRC counsellors Dr. Anju Dhiman, Dr. Rajkumar Duhan, Ms. Ekta Narwal and Field Coordinator R.S. More contributed in organizing and coordinating the rally.







**6. Organised a Blood Donation Camp at M.D.U Centre for Professional & Allied Studies, Gurugram on 20.09.2019.**

A Blood donation camp was organised by Youth Red Cross MDU Rohtak at M.D.U Centre for Professional & Allied Studies, Gurugram on 20.09.2019. Prof. Gulshan Lal Taneja, Registrar, M.D.Univeristy, Rohtak was the chief Guest. Professor Randeep Rana Programme Co-ordinator Youth Red Cross MDU, Rohtak honoured the Blood donors with Blood donor badges. He stated that Blood donation is a noble cause, therefore, every fit student and staff member should donate their Blood twice in a year. 64 students donated their Blood in this camp. To make this camp success all members of CPAS Gurugram were present on the said occasion. This was a very successful camp.



**7. Organised One Day Seminar and Workshop on Women Security and Self Defence on 27.09.2019**

To create awareness regarding Women Security and Self Defence a one day Seminar and workshop was organised by Youth Red Cross, MDU, Rohtak on 27.09.2019 at R.K. Auditorium, MDU, Rohtak. The programme was inaugurated by Dr. Sharanjeet Kaur, First Lady of MDU. **860** YRC volunteers and YRC counsellors from U.T.D and affiliated colleges participated in the said workshop. Hon'ble Narinder



Kaur, Additional District Judge, Rohtak was the Guest of Honour in the said programme. She told the volunteers about Self Defence to the Volunteers and Counsellors. Ms. Bhawna Chauhan was the Key note Speaker in the said programme. Professor Randeep Rana welcomed the Chief Guests, Resource persons, counsellors and volunteers, Dr. Anju Dhiman, YRC Counsellor conveyed vote of thanks to the participants. Ms. Ekta Narwal, YRC Counsellor and Dr. Rajkumar Duhan, YRC Counsellor also participated in the said workshop.



### 8. Celebration of All India Voluntary Blood Donation Day i.e.1<sup>st</sup> October,2019

1<sup>st</sup> October is being celebrated as Voluntary Blood Donation day throughout India. Keeping in view the importance of Blood Donation Day and to celebrate the same, a programme was organised by Youth Red Cross, MDU, Rohtak at YRC Office, MDU, Rohtak. 101 volunteers of UTD and affiliated Colleges, MDU donated Blood in this programme. The programme was inaugurated by Professor Rajbir Singh, Vice-Chancellor, MDU, Rohtak. Declamation Contest, Slogan writing and poster-making competition were organised on the said occasion.







**9. Organized First Aid and Home Nursing Professional Training at Center for Professional and Allied Studies (CPAS), Gurugram, Maharshi Dayanand University (MDU).**

An Eight-Day First Aid and Home Nursing Professional Training camp, excluding holidays, (03/10/2020 to 14/10/2020) was organized by University Youth Red Cross in coordination with the Youth Red Cross Society, Gurugram at Sector 40, Center for Professional and Allied Studies (CPAS), Gurugram, (MDU). Prof. Santosh Nandal Director CPAS, emphasized that it is important to have knowledge about First Aid, so that if an accident happens, we will be ready for action. First aid knowledge can prove to be valuable for both the individual and the community. Prof. Nandal said that the purpose of this first aid training organized under the aegis of Youth Red Cross is to enable students to help the injured person in the event of accident or emergency till they get proper medical assistance. During the training program, Kiran Kashyap, Anju Kashyap and Rocky from the Red Cross Society give training about first aid in situations like injury to students, snake bite, road accident and transportation of injured patient, heart attack, fire incidents, electric shock etc. In the workshop, the participants were seen getting the primary treatment given under various circumstances. On this occasion, 15 female and 17 male students were trained along with Dr. Sandeep Aggarwal, Assistant Professor of the Center and Dr. Sunil Kharab.



### 10. Conducted an Orientation Course for YRC Volunteers and Counsellors on 05.11.2019

One day University level Youth Red Cross Orientation course for YRC Counsellor and Volunteers of M.D.U Rohtak and its affiliated colleges was organised on 05.11.2019 at Radha Krishnan Sabhagar M.D.U Rohtak. The course was inaugurated by Professor Rajbir Singh, Vice Chancellor M.D.U Rohtak. Professor Vijay K. Kayat, Vice-Chancellor, Chaudhary Devi Lal University Sirsa was the key-note speaker for the said programme. Professor Gulshan Taneja, Registrar, MDU Rohtak and Professor Rajkumar, Dean Student Welfare, MDU Rohtak were the Guest of Honour. **1050** YRC Volunteers and 40 Counsellors of UTD and affiliated Colleges participated in the said Course. The main focus of the Orientation Course was to create awareness regarding Youth Red Cross activities at University and College level. Sh. R.C. Sharma Haryana State Consultant T.B. Motivated the YRC volunteers and counsellors. The volunteers were motivated for voluntary activities. Professor Randeep Rana, Programme Co-ordinator YRC administered the volunteer's oath for the service of humanity. YRC convenors and counsellor from all affiliated colleges of MDU Rohtak were also honoured for their services. Dr. Anju Dhiman, Ms. Ekta Narwal and Dr. Rajkumar Duhan, YRC Counsellors and Sh. R.S. More, Field Co-ordinator, University YRC were also present during the said Course.





### 11. Presentation of Sir Jean Henry Dunant Shield/Trophy for the session 2018-19

One annual Youth Red Cross Shield/Trophy in the name Sir Jean Henry Dunant is given to a college adjudged best in Youth Red Cross activities during the whole session. Maximum activities were organised by Aggarwal College Ballabgarh (Faridabad) during the session 2018-19, Sir Jean Henry Dunant Trophy was awarded by Professor Rajbir Singh, Vice-Chancellor-cum-Chairman, Youth Red Cross, MDU, Rohtak to Dr. Krishan Kant Gupta, Principal, Aggarwal College Ballabgarh on 05.11.2019.



### 12. Organised a Blood Donation Camp at Freedom Fighter Memorial Complex, M.D.U Rohtak on 30.11.2019

A Blood Donation Camp was organised by Youth Red Cross, MDU Rohtak in collaboration with Dainik Bhaskar on 30.11.2019 at State Level Freedom Fighter Memorial Complex, MDU Rohtak. The camp was inaugurated by Professor Rajbir Singh, Vice-Chancellor, M.D.U Rohtak. He honoured the Blood donors with Blood donor's badges and said that Blood donation is a lifesaving programme. Every student should come forward for this noble cause. Eighty Six (86) YRC volunteers donated their Blood in this camp. Professor Gulshan Lal Taneja, Registrar, MDU Rohtak and the staff of Dainik Bhaskar were present during the camp. To make this camp success efforts of Professor Randeep Rana, Programme Co-ordinator and Sh. R S More, Field Co-ordinator, University YRC were appreciable.



### 13. Organised a Seminar and an Awareness Rally on World HIV/AIDS Awareness Day i.e. 1<sup>st</sup> December, 2019

World HIV/AIDS Awareness Day i.e. 1<sup>st</sup> December is being celebrated through out the World. Keeping in view the importance of said day and to create awareness among the YRC Volunteers/Youths of UTD & Local Colleges affiliated with M.D.U Rohtak, a Seminar was organised alongwith an awareness rally



by Youth Red Cross, M.D.U Rohtak at YRC office on 01.12.2019, to create awareness among the people of Rohtak. Professor Sanju Nanda, HoD, Department of Pharmaceutical Sciences, Maharshi Dayanand University Rohtak was the Key Note Speaker for the said programme. About 80 YRC Volunteers was participated in the said programme. A Lecture was delivered on the topic World HIV/AIDS.



**14. First Aid and Home Nursing Professional Training to M.D. University Youth Red Cross Volunteers**  
It is well known fact that First-Aid training is very important and beneficial for everybody. Keeping in view the importance of it, a 7 Days First-Aid and Home Nursing Training camp was organized by University Youth Red Cross, M.D.U, Rohtak in Youth Red Cross office from 07.01.2020 to 13.01.2020. The camp was inaugurated by Professor Rishi Rahul, Director, UIE.T, MDU, Rohtak. Ninety Three (93) students from different Departments of M.D.U, Rohtak attended the said training programme. The training programme was free of cost for the volunteers and all the expenses were borne by YRC office. Sh. Daya Singh Saini, Lecturer in First-Aid and Home Nursing imparted the training to the volunteers.







**15. Organised Run for Youth on National Youth Day on 12.01.2020**

78 Youth Red Cross volunteers participated in **Run for Youth on National Youth Day** on 12.01.2020. The programme was organised at Rajiv Gandhi Stadium Rohtak. This programme was very useful and motivated the youth.



**16. Organised 7 days Health Awareness Training Camp for Girls and Boys from 16.01.2020 to 22.01.2020 at DDE Conference Hall, MDU Rohtak**

University Youth Red Cross, M.D University Rohtak organized a Health Awareness camp for Girls and Boys at DDE Conference Hall, M.D.U Rohtak from **16.01.2020 to 22.01.2020**. Volunteers were provided with knowledge of Red Cross, General Health Awareness, First-Aid Training, Development of National Character and Values, Life Skill Training etc. The Camp was inaugurated by Professor Rajbir Singh, Vice-Chancellor, MDU Rohtak. Professor Gulshan Lal Taneja, Registrar, MD University Rohtak was the Guest of Honour. 120 volunteers were participated in the said camp.







**17. Organised a 7 days Health Awareness/Training Camp for Girls from 24.01.2020 to 30.01.2020 held at Morni Hills (Panchkula).**

07 days health awareness/ training camp was organized by University Youth Red Cross from 24<sup>th</sup> January 2020 to 30<sup>th</sup> January, 2020 at Morni Hills, Panchkula. This camp was basically organized to aware the society about health and hygiene. Total 32 Girls volunteers from various affiliated colleges and University Teaching Departments of Maharshi Dayanand University Rohtak took part in the camp. The camp team started from the University on 24<sup>th</sup> January 2020 under the supervision of Dr. Tina Saini, Assistant Professor, Saini College Rohtak, Ms. Monika, Assistant Professor, Government College, Sampla and Y.R.C Field-coordinator, Mr. R.S. More. The camp was flagged off by YRC Co-ordinator Professor Randeep Rana at 9:00 a.m. from YRC office, MDU, Rohtak.

Mr. R.S. More welcomed all guests and volunteers and briefly addressed them about the camp and about the goals of the YRC. In the evening the volunteers went to nearby village, there they interacted with the villagers and members of a self-help group of the villagers working for the welfare of the society.

On 25<sup>th</sup> January, 2020 after Morning Prayer and oath of YRC the volunteers took out a rally to spread awareness about girls' education, say no to drugs and health is wealth.

On 25<sup>th</sup> January, 2020 A Lecture was delivered by Ms. Sunita Malik on the topic National Integration.

On 26<sup>th</sup> January, 2020 after Morning Prayer and oath National flag was hoisted. An interaction and cultural exchange programme was also organized. In the leadership of Professor Randeep Rana YRC volunteers took out a rally and spread awareness about Blood donation.

A Lecture was delivered on the topic Safe Environment by Dr. Monika on 29<sup>th</sup> January 2020.







**18. Organised a 9 Days Health Awareness/Training Camp for Boys held at Jodhpur and Jaisalmer (Rajasthan) from 05.02.2020 to 13.02.2020.**

To create Awareness in Youth Red Cross Volunteers about Red Cross Activities by promoting understanding and development of National Character, Nine Days Health Awareness/Training Camp for Boys was held at Jodhpur and Jaisalmer (Rajasthan) from 05.02.2020 to 13.02.2020.

The camp team started on 05.02.2020 in the morning at 09:00 a.m and was flagged off by Professor Randeep Rana, Programme Co-ordinator, YRC, MDU, Rohtak. It was a group of 20 volunteers led by Sh. R.S. More (Field Co-ordinator), Dr. Rajesh Gahlawat and Dr. Pritam Sheoran were (teacher in-charge) of the camp. The volunteers took out an awareness rally Beti Bachao, Beti Padao at the Desert festival Jaisalmer. The YRC volunteers also took rallies on Blood Donation Awareness Swachh Bharat Abhiyan and HIV/ AIDS awareness at village SAM and Tanot Mata Mandir.

During the camp the volunteers met the villagers and motivated them for volunteerism and interacted with them to know about their culture, rituals and social evils. In the evening, all the volunteers took out a rally in Jodhpur to aware the masses regarding rampant social evils in the society.

On 8<sup>th</sup> February, 2020 a Lecture was delivered by Dr. P. Sheoran on the topic Female Foeticide. An awareness rally was taken on 10.02.2020 at Jodhpur "Donate Blood Save Life". A Lecture was delivered by Prof. S. K. Harit on the topic Say No to Drugs on 11<sup>th</sup> February 2020, Followed by an awareness rally at Jodhpur.





### 19. Organised a Seminar and a Workshop on Use And Abuse of Social Media on 26.02.2020

A Seminar and Workshop on USE AND ABUSE OF SOCIAL MEDIA was organized on 26.02.2020 in Maharshi Dayanand University (MDU) under the aegis of Youth Red Cross Committee. MDU Vice Chancellor Prof. Rajbir Singh inaugurated the program. In his inaugural address, VC Prof. Rajbir Singh said that social media is an important tool of social and professional networking. He said that positively social media can be utilized for career progression matter. Eminent Journalist Nidhesh Tyagi spoke about the socio- cultural aspects of Social Media. He said that in the 150th Birth Anniversary year of Mahatma Gandhi, Social Media ought to be utilized to spread the message of peace, non-violence, voice the opinion of the voiceless, speak about the marginalized people of the society. Noted journalist Ashok Malik spoke about the merits- demerits of Social Media in the current global scenario. Dean, Academic Affairs Prof. Nina Singh, Registrar Prof. G. L. Taneja, Programme Co-ordinator, Professor Randeep Rana also spoke on the occasion. YRC Counsellor Dr. Anju Dhiman



conducted the stage and YRC counsellor Ekta Narwal expressed the Vote of Thanks. 182 YRC counselors and YRC volunteers from affiliated colleges took part in this One-day Workshop.



## 20. Organised a Seminar and a Workshop on Stress Management on 27.02.2020

A One Day Seminar and a Workshop on Stress Management for Counsellors and Volunteers of UTD & Colleges affiliated to MDU Rohtak was organised on 27.02.2020 at IHTM Conference Hall, MD University Rohtak. Programme was inaugurated by Professor Rajkumar Dean Student Welfare, MDU Rohtak, Professor Randeep Rana, Programme Co-ordinator, YRC, MDU Rohtak welcomed the Chief Guest and other Guest. Shri M S Hooda, Brigadier (Retd.) was the Key Note Speaker of the said workshop. About 150 YRC Volunteers and Counsellors of UTD and local colleges participated in the said workshop. Chief Guest express his views that Stress Management is very necessary in these day as every body is under stress. Brig. M S Hooda and his team informed and explain the reasons and solution of stress management in details. This workshop was very beneficial and informative for the volunteers and counsellors. Shri M S Hooda appreciated the efforts of Professor Randeep Rana for organising this workshop and he desired that such workshops may be organised in future also.

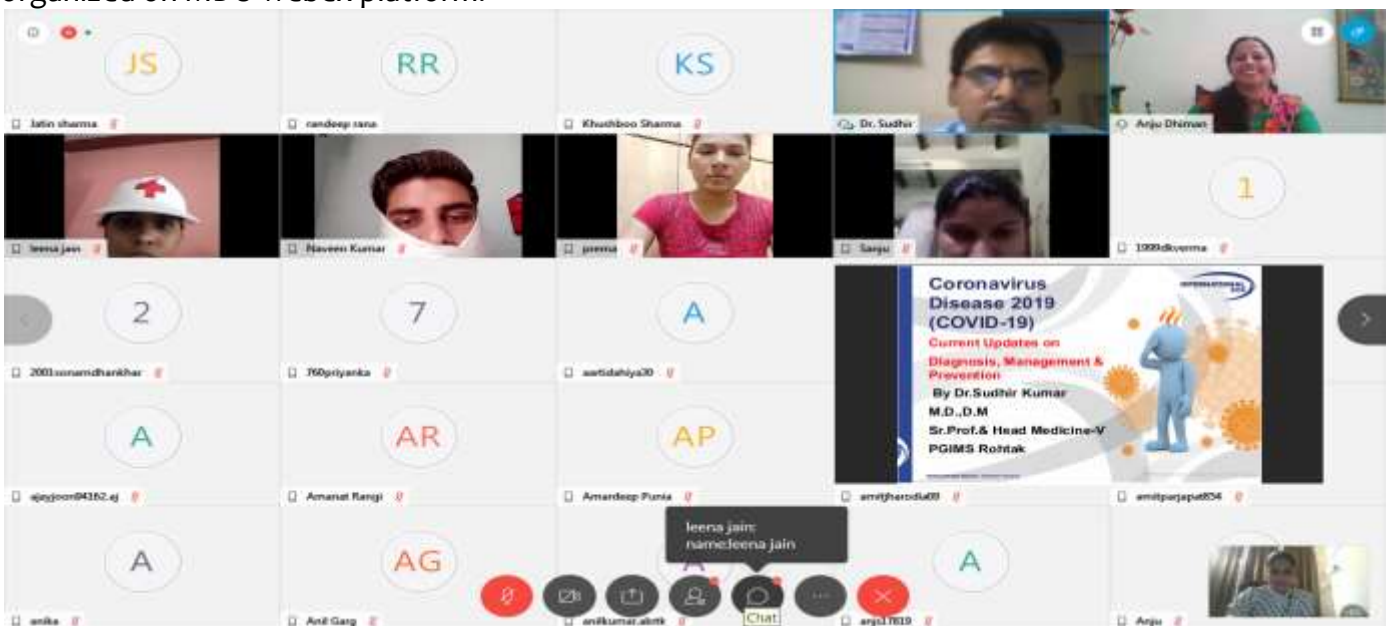






**21. Celebrated WORLD RED CROSS DAY on 08<sup>th</sup> May, 2020**

Staying Safe at home, following the health protocols including compulsory wearing of masks, hand washing, and practicing social distancing as safety measures, are necessary to save oneself from Corona Virus. Giving top-most priority to health concerns is need of the hour. This was stated by medical expert, Prof. Sudhir Kumar, Pt. BDS University of Health Sciences (Rohtak) in an online lecture-cum-webinar organized by the Youth Red Cross (YRC) of Maharshi Dayanand University (Rohtak) to commemorate World Red Cross Day today. Prof. Sudhir Kumar traced the history of COVID-19, its world wide spread, probable causes, the requisite preventive measures, the treatment protocol, and several other aspects related to novel corona virus in his comprehensive talk. He also answered queries of YRC volunteers. His presentation was on COVID-19: Diagnosis, Management, and Prevention. Prof. Sudhir Kumar summarized that Safety Saves. As such, it is necessary to take precautions against this pandemic. Earlier, YRC Programme Co-ordinator Prof. Randeep Singh Rana said that this online lecture is being organized to enlighten YRC Volunteers about the deadly corona virus. He expressed the hope that YRC volunteers of the University will act as Health Awareness Volunteers and enlighten people around them. YRC Counsellor Dr. Anju Dhiman conducted the programme. YRC Counsellor Ekta Narwal expressed the Vote of Thanks. Director, PR Sunit Mukherjee, YRC Counsellors of affiliated colleges, 223 volunteers and 46 counsellors, took part in this programme organized on MDU webex platform.





## 22. Organised World Environment Day on 05<sup>th</sup> June 2020

World environment day was celebrated by the volunteers of Youth Red Cross of Maharshi Dayanand University, Rohtak on 5 June, 2020. Many volunteers after planting trees at their native place shared the message of “**Care for Nature Save Your Future.**” As due to the pandemic of COVID-19 everyone is at their home, so we used social media platform to spread the message. E-posters were also prepared by the volunteers to spread the message **Protect the Mother Nature.** Volunteers shared their photos and videos which newly planted saplings. Some volunteers adopted trees near to their home and pledge to take care of that trees.



World Environment Day 5 June 2020

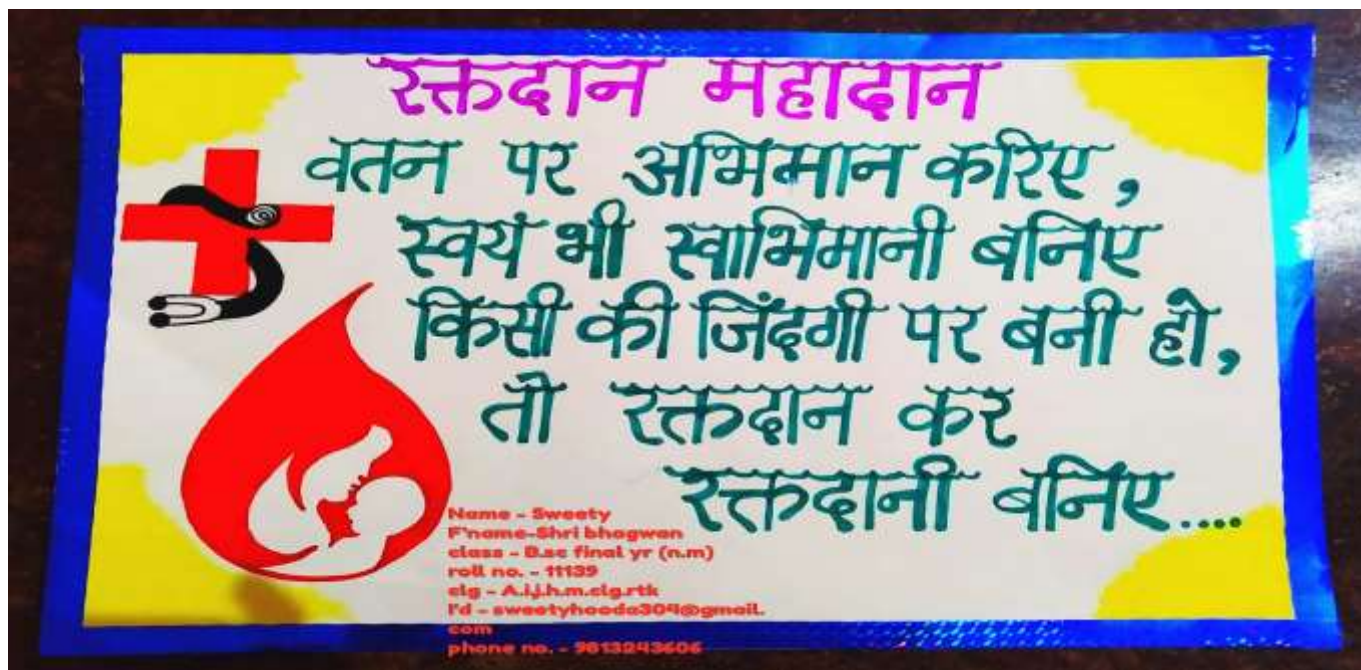


## 23. Organised World Blood Donor Day on 14.06.2020

Slogan Writing and E-Quiz Competition were organized by the Youth Red Cross Committee of Maharshi Dayanand University on the occasion of World Blood Donor Day. Youth Red Cross Program Coordinator of MDU Prof. Randeep Rana said that YRC volunteers participated vigorously in these competitions organized on the subject of Safe Blood, Saves Lives. Prof. Rana said that 134 YRC volunteers participated in slogan writing and 201 YRC volunteers in the e-quiz competition. YRC counselors Dr. Anju Dhiman, Dr. Ekta Narwal and Dr. Rajkumar coordinated the program. In Slogan Writing, Kirti Sharma of Vaishya Arya Teaching Women's College got the first place, Jatin of Jat College, Rohtak got the second and Mukesh of DAV Centenary College, Faridabad and Rohit of Sociology Department of MDU got the third position. Mohit Kumar, Khushbu Singh, Monu, Annu, Kirti Das, Pooja, Mukool, Yamini Saini, Shweta Nagar, Kirti secured the first place in the e-quiz

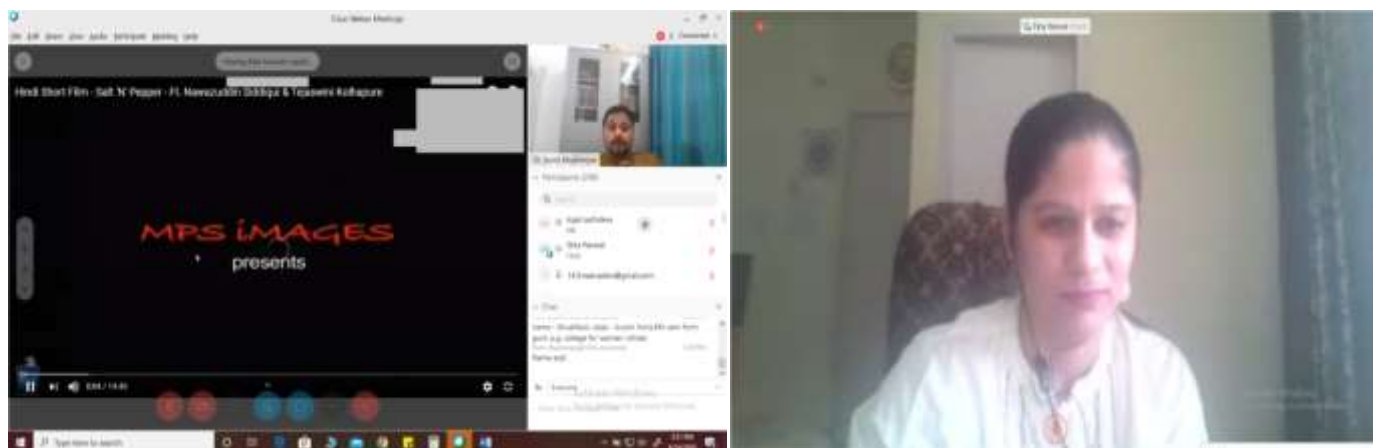


competition by scoring a similar score. Meenu Saini, Neetu and Meenakshi got second and Nitin Sangwan, Yamini Saini and Pankal got the third place.



#### 24. Webinar on Creative and Compassionate Communication 16.06.2020 from 03:00 PM to 04:30 PM.

There is a great need for compassionate communication not only in this critical time of the Corona period, but also in normal times. It is important to include compassion in life. Also, creativity paves the way for progress in life. A state-level webinar was organized by **MDU Youth Red Cross (YRC)** on **Creative and Compassionate Communication** under the guidance of Prof. Randeep Rana, Coordinator, YRC, Maharshi Dayanand University, Rohtak. Sunit Mukherjee, Assistant Professor and Director, Department of Journalism and Mass Communication Maharshi Dayanand University was the speaker of the session. He underlined the importance of compassionate and creative communication. Sunit Mukherjee said that during this corona period many talented artists, ended their lives. There is a need that we can have meaningful communication with such sensitive, distraught, perplexed, depressed people around us in the society and communicate positiveness among them. Sunit Mukherjee spoke about the continuous dialogue with the elders of loneliness in the home, family and society and their connection with their lives. He kept talking about himself in the emergency in life. He gave an effective message of the need for compassionate dialogue and avoidance of self-immolation by displaying two short films - Mishti Doi and Salt and Papper. In the coming time, Sunit Mukherjee gave advice on making a career in any discipline with creative and innovative approach or paving the way for entrepreneurship. He gave answers to the students' questions after the lecture. He inspired volunteers with inspirational poetry lessons. YRC counsellor Dr. Anju Dhiman delivered the welcome address at the beginning of the program. He introduced the guest speaker. YRC counsellor Ekta Narwal proposed a vote of thanks. Around 300 participants participated in the program.



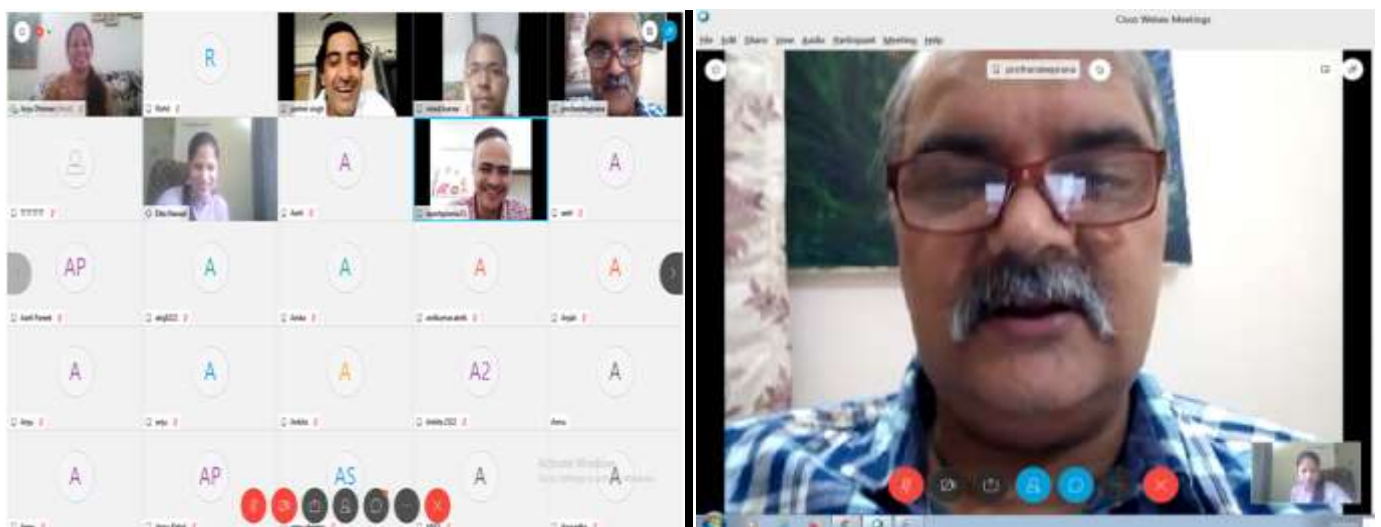




## 25. YRC Webinar on Importance of Aura in Personality Development on 18.06.2020

A Webinar was organized by University Youth Red Cross of Maharshi Dayanand University Rohtak on June 18, 2020. Professor Rajesh Punia, Registrar from Chaudhary Ranbir Singh University was invited as resource person. He delivered his talk on the Importance of Aura in personality development. Professor Randeep Rana, YRC Programme Coordinator, introduced the resource person Professor Rajesh Punia.

Professor Rajesh in his talk said that if a person is mentally, physically and emotionally healthy, he will have a bright aura, and the energy centres on the aura will be strong and active. On the contrary, if you are in any way not up to par, you will have a depleted aura. You will also be constantly losing energy which will further deplete your aura. He related the concepts of physics with creating positivity in personality development. Professor Punia said that whenever we create a target and do hard work consistently in the right direction, our body creates an aura according to it and we get opportunities and meet people who may help us to achieve our goal. He motivated the volunteers to stay optimistic in every adverse situation. He requested all to use make in India products instead of China from now onwards during the end of discussion. Ms. Ekta Narwal, coordinated the whole program. Dr. Anju Dhiman gave the vote of thanks. The session was interactive and appreciated by all. More than **270** volunteers including Counsellors and teachers from various colleges of Haryana Dr. Monika, Dr. Vivek Dangi, Dr. Kapil Kaushik. Dr. Meera Rani. Dr. Jasmeer Singh, Dr. Jaipal Singh, Dr. Rekha Rani, Dr. Shalini Aggarwal and Dr. Shalu Sharma and others actively participated in this program.



**(Prof. Randeep Rana)**  
Programme Co-ordinator